



Cobras Wrestling and Development Club

Interested in learning and promoting the oldest sport in the world? Looking for a way to improve your personal strength, wrestling techniques, endurance, speed, and self-discipline? Come out and see what the (CWC) can do for your wrestling skills.

- Learn Free-Style, Greco - Roman and Folk - Style wrestling
- Compete in local, State and National events
- Attend world class training camps with guest clinicians

The Cobras Wrestling Club is a multi level club with coaches from a variety of public sector disciplines including (Law-enforcement, Medical staff, and business owners). The Cobras Wrestling Club is a USA chartered club and has been in operation for 19 years in California and now in Oregon. Our club goal is to mentor, guide, and teach young men and women (ages 7 - adult) the importance of living healthy and staying active, while engaging in the most respected sport in the world; as well as teaching respect, self-motivation, and appreciation for academics. Scholarship awards available to "Select Team" athletes are pending. See coach for details.

Training Site: VETERAN ADVOCATES OF ORE=IDA. 180 W. Idaho Ave., Ontario OR

Monday and Wednesdays 6pm to 8pm

Cost: \$10.00 Monthly dues per athlete

\$40.00 USA CARD (Mandatory) Must obtain online @ themat.com.

\$50 -100.00 Club singlet (**Only** if wrestler competes in tournaments)

\$20 - \$35.00 Headgear (Mandatory for 8th grade and younger)

\$30.00 - \$150.00 Wrestling shoes to be purchased by wrestler/parents

- Tournament cost \$12.00 - \$50.00 (Tournament entry optional)
- Camp cost (Vary in price and is optional)
- **All team members are required to participate in club fundraising activity**

If this sounds like a challenge you're willing to take, contact Coach Romero at: cobraswrestling@gmail.com or 562-640-7588 for more info and the 2019-2020 schedule.

Coach Steve Romero

Club Director-Head Development Coach